



## Certificate in OSHA Safety Management: OSHA-10 and OSHA-30 General Industry Outreach Programs (OSHA)

### Program Overview

**Course Duration: 10 or 30 hours**

The OSHA Outreach Training Program provides training for workers and employers on the recognition, avoidance, abatement, and prevention of safety and health hazards in workplaces. The program also provides information regarding workers' rights, employer responsibilities, and how to file a complaint. This is a voluntary program and does not meet training requirements for any OSHA standards.

Through this program, workers can attend 10-hour or 30-hour classes delivered by OSHA-authorized trainers. The 10-hour class is intended for entry level workers, while the 30-hour class is more appropriate for supervisors or workers with some safety responsibility. Through this training, OSHA helps to ensure that workers are more knowledgeable about workplace hazards and their rights, and contribute to our nation's productivity.

### Certificate Requirements

<b>OSHA – 10 General Industry Outreach Program OSHA- 1</b>	<p><b>I. 7 hours of Mandatory OSHA required courses</b></p> <p><b>II. 2 hours of Elective OSHA courses</b></p> <p><b>III. 1 hour of Option al OSHA course and/or customization on length of Mandatory or Elective courses from course listing.</b></p> <p><b>Note: 10 hours mandatory instructional time. Program ideal for entry level field workers.</b></p>
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**OSHA – 30 General Industry  
Outreach Program OSHA-  
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- I. 13 hours of Mandatory OSHA required courses**
- II. 10 hours of Elective OSHA courses**
- III. 7 hour of Option al OSHA course and/or customization on length of Mandatory or Elective courses from course listing.**

**Note: 30 hours mandatory instructional time. Program ideal for Supervisors or employees with some safety responsibilities.**

