



Coaching – a Leadership Skill

Description: *Coach, Role Model, Counselor, Supporter, Guide...do these words ring a bell? Being a coach involves being a role model, sometimes a counselor or supporter, and always a guide. Coaching is based on a partnership that involves giving both support and challenging opportunities to employees. Knowing how and when to coach is an essential skill that can benefit both you and your organization. This course will help you become a better coach in all senses of the word.*

Session One: Course Overview.

Session Two: Defining Coaching

- Two Schools
- Why and What?
- Coaching Skills
- Pre-Assignment: Coaching Assessment

Session Three: Interpersonal Communication Skills

- What are Communications Skills?
- Where Can I Improve?
- Non-Verbal Communication

Session Four: Self-Disclosure

Session Five: Critical Coaching Skills

- The Five Skills

Session Six: More on Communication

Session Seven: Learning Styles and Principles

Session Eight: Benefits/Consequences

Session Nine: Skills Involved in Coaching

- Mix and Match

Session Ten: The Coaching Model

Session Eleven: Feedback

Session Twelve: Coaching Problems

- Workshop Wrap-Up